



KAT & CO

MAKING LIFE BEAUTIFUL

**COVID Secure at Kat & Co
- A Patient Guide**

Processes put in place to protect you

- Staff Screening Daily for symptoms and temperature
- Staff training on Covid19 and infection control
- Appropriate PPE for all staff – disposable gloves, aprons, Disposable masks and eye protection
- Clinic layout changes to allow for 2m social distancing wherever possible
- Staff who can work remotely will do so
- Regular audits



Clinic layout changes to protect you

- Clear signage on separate entry and exit to clinic allowing one way flow routes
- Clear marking of 2m from reception desk
- Separation of seatings to allow for at least 2m between patients by creating 3 separate waiting areas
- Hand sanitisers at entrance as well as throughout the clinic
- Disposable masks at entrance and Bin for disposal of masks at Exit



appointments

- Clinic visits strictly by prior arrangement only
- appointments will be conducted remotely via phone, whatsapp or Facetime wherever possible except for treatments and surgeries.
- Consultations will also be conducted remotely except where it is necessary to examine the patient and this has to be by prior arrangement
- Appointment times will be staggered to minimise contact between patients
- Patients will have to attend the clinic alone and only at the appointment time.
- Any persons accompanying you may wait in the car in the carpark
- Patients in the vulnerable group are advised to defer their appointments or treatments - age over 70, severe diabetes, severe hypertension, severe heart disease, severe obesity, severe respiratory disease, undergoing cancer treatments, and others



Appointments (cont'd)

- We request that everyone wears a mask. There will be masks available at the entrance if you do not have one
- We request that everyone downloads the government issued contact tracing app on their phone when it is made available.
- A consent form will be sent to you which will have to be signed prior to EVERY VISIT to the clinic, and dated the day of the visit. This should be handed in on arrival. A copy of this is attached
- You will receive a phone call the day before your appointment to confirm your consent
- There will be a simple screening process at reception with questions and a temperature will be taken with a contactless infra red thermometer
- Payments will be contactless or by bank transfers.
- Paper work will be in digital formats where possible



Patient Covid-19 consent

- I _____ (patient name) understand that I am opting for an elective medical treatment/surgery/consultation.
- I understand that the novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and that COVID-19 is extremely contagious and is believed to spread by person-to-person contact; and, as a result, social distancing is recommended. This is not entirely possible with my proposed treatment, however, I am satisfied that safety measures are in place to minimise risk as much as possible, and patient contact will be kept to an absolute minimum in line with medical need.
_____ (initials)
- I understand the Management and Clinical Staff are closely monitoring the COVID-19 situation and have put in place reasonable preventative measures aimed to reduce the spread of COVID-19. However, given the nature of the virus, I understand there is an inherent risk of becoming infected with COVID-19 by virtue of proceeding with treatment. I hereby acknowledge and assume the risk of becoming infected with COVID-19 through this elective medical treatment/surgery/consultation, and I give my express permission to proceed. _____ (initials)
- I understand the COVID-19 virus has a long incubation period during which carriers of the virus may not show symptoms and still be highly contagious. I understand that COVID-19 can cause additional health risks, some of which may not currently be known at this time, in addition to those risks associated with the medical treatment/surgery/consultation itself. _____ (initials)



Patient covi-19 consent (cont'd)

- I have been given the option to defer my medical treatment/surgery/consultation to a later date. However, I understand all the potential risks, including but not limited to the potential short-term and long-term complications related to COVID-19, and I would like to proceed with my desired medical treatment/surgery/consultation. _____ (initials)
- I confirm that I am not presenting with any of the following symptoms of covid -19 listed below:
 - Fever
 - Shortness of Breath
 - Loss of Sense of Taste or Smell
 - Dry Cough
 - Runny Nose
 - Sore Throat.....(Initials)
- I confirm that I have not been in contact with a confirmed covid 19 person or persons with the above symptoms in the past 14 days _____ (initials)
- I understand that air travel significantly increases my risk of contracting and transmitting the COVID-19 virus. I confirm that I have not travelled in the past 14 days _____ (initials)
- I confirm that if I develop COVID-19 symptoms following my medical treatment/surgery/consultation, or a known contact of mine develops symptoms, I will immediately inform the Clinic to enable appropriate measures to be put in place and contact tracing to commence _____ (initials)

Patient name

Signature.....

Date



Surgery

- These guidelines are for surgery at the clinic – Local Anaesthesia and Twilight Anaesthesia
- Patient Covid-19 Consent will be bolted on to the usual surgical consents
- Surgeries will be scheduled such that there is only 2 patients in the recovery room at any one time
- As part of the pre-operative assessment, surgical patients having a procedure that is more than an hour will have a Covid-19 screening swab test. This will be dispatched to you as a home kit 1 week prior to surgery and results will be available 48 hours after receipt of the test by the laboratory.
- Staff will be wearing the appropriate PPE for the procedure
- Accompanying person will have to drop off the patient and pick the patient up at the appropriate time
- Avoid all unnecessary contact with others for the 1week prior to and after the surgery
- The first post operative check will need to be in person except for minor procedures



Products

- A new online shop will display the products with pricing and description
- As the majority of the products are medical grade, they cannot be ordered online
- Orders can be taken on the phone or via email. Once verified, payments can be taken on the phone and the products posted out to you
- You must continue to have regular skin reviews so that we can monitor your progress and adjust the products to suit your skin's needs. This will be carried out remotely in most instances



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Finally

- The team at Kat and Co are committed to putting your health first
- There are clear guidelines from the government which we have put in place
- We will continue to monitor the Covid 19 situation and adjust the protocols and processes to meet the changes - <https://www.gov.uk/coronavirus>
- We welcome feedback from you to continue improving our services as we soldier through these unusual times



- Keep Safe
- Keep Sane
- Keep Superfit

C C Kat, Medical Director
on behalf of TeamKat

Thank you for choosing us



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